



November 2021



Activity Calendar
 Mill Valley Care Center
 1201 Park Street
 Bellevue, IA 52031-1911
 Tel: 563-872-5521

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> <p>11:30 RESIDENT COUNCIL 1:30 TREAT w/ DIETARY 2:30 REMEMBRANCE DAY - OF RESIDENTS & TENANTS OF THE PAST YEAR 6:15 EVEING MUSIC w/ RAY & DORIS</p>	<p>2</p> <p>10:00 EXERCISE & REMINISCE 12:00 WORLDLY FOODS - FRANCE -LUNCH-MEAL (DIETARY CHOICE) w/ FRENCH MUSIC 1:30 FRANCE ACTIVITY TRAVEL TOUR & INTRODUCING WORLDLY FOODS ELECTION DAY</p>	<p>3</p> <p>10:15 CATHOLIC SERVICE 1:30 BINGO 2:30 ICE CREAM TREAT 6:15 EVENING MUSIC w/ RAY & DORIS</p>	<p>4</p> <p>10:00 EXERCISE & REMINISCE 1:30 ALZHEIMER'S AWARENESS MONTH - UPDATE RESEARCH 2:30 HONORED MEMORIES - PURLE RIBBONS</p>	<p>5</p> <p>10:00 MANICURES 10:00 COFFEE & CONVERSATION 12:00 MUSIC w/ RAY & DORIS 1:30 HAPPY HOUR w/ DIETARY</p>	<p>6</p> <p>AM: CONNECTING WITH FAMILIES</p>
<p>7</p> <p>DAYLIGHT SAVINGS TIME ENDS</p> <p>AM: LUTHERAN SERVICE (CABLE - 26) AM: CATHOLIC SERVICE (CABLE - 32) 6:15 WEEKEND EVENING MUSIC w/ RAY & DORIS</p>	<p>8</p> <p>11:00 CARD GAME 1:30 TREAT w/ DIETARY 2:30 FAMILY CAREGIVERS MONTH w/ TOKENS OF APPRECIATION 3:00 w/ PURPLE RIBBONS</p>	<p>9</p> <p>10:00 EXERCISE & REMINISCE 12:00 WORDLY FOODS- MEXICO -LUNCH-MEAL (DIETARY CHOICE) w/ MEXICAN MUSIC 1:30 MEXICO ACTIVITY TRAVEL TOUR & INTRODUCING WORLDLY FOODS 6:15 EVENING MUSIC w/ RAY & DORIS</p>	<p>10</p> <p>10:15 CATHOLIC SERVICE 12:00 BIRTHDAY MENU 1:30 BINGO 2:30 ICE CREAM TREAT</p>	<p>11</p> <p>10:00 EXERCISE & REMINISCE 12:00 VETERAN'S DAY MEAL 1:30 HONORING OUR VETERAN HEROES 2:00 VETERAN'S DAY HEART CARD VETERANS DAY</p>	<p>12</p> <p>10:00 MANICURES 10:00 COFFEE & CONVERSATION 12:00 MUSIC w/ RAY & DORIS 1:30 HAPPY HOUR w/ DIETARY 2:00 CRAFTS w/ BEA</p>	<p>13</p> <p>AM: CONNECTING WITH FAMILIES</p>
<p>14</p> <p>AM: LUTHERAN SERVICE (CABLE - 26) AM: CATHOLIC SERVICE (CABLE - 32) 6:15 WEEKEND EVENING MUSIC w/ RAY & DORIS</p>	<p>15</p> <p>11:00 CARD GAME 1:30 TREAT w/ DIETARY 2:30 HOSPICE MONTH w/ TOKENS OF APPRECIATION 3:00 w/ PURPLE & BLUE RIBBONS</p>	<p>16</p> <p>10:00 EXERCISE & REMINISCE 12:00 WORLDLY FOODS - GERMANY-LUNCH-MEAL (DIETARY CHOICE) w/ GERMAN MUSIC 1:30 GERMANY ACTIVITY TRAVEL TOUR & INTRODUCING WORDLY FOODS 6:15 EVENING MUSIC w/ RAY & DORIS</p>	<p>17</p> <p>10:15 CATHOLIC SERVICE 1:30 BINGO 2:30 ICE CREAM TREAT</p>	<p>18</p> <p>10:00 EXERCISE & REMINISCE 1:30 BUNCO POKER 2:30 REFRESHMENTS</p>	<p>19</p> <p>10:00 MANICURES 10:00 COFFEE & CONVERSATION 12:00 MUSIC w/ RAY & DORIS 1:30 HAPPY HOUR w/ DIETARY</p>	<p>20</p> <p>AM: CONNECTING WITH FAMILIES</p>
<p>21</p> <p>AM: LUTHERAN SERVICE (CABLE - 26) AM: CATHOLIC SERVICE (CABLE - 32) 6:15 WEEKEND EVENING MUSIC w/ RAY & DORIS</p>	<p>22</p> <p>11:00 CARD GAME 1:30 TREAT w/ DIETARY 2:30 CELEBRATING THANKSGIVING DAY HISTORY- REMINISCE</p>	<p>23</p> <p>10:00 EXERCISE & REMINISCE 12:00 WORLDLY FOODS- ITALY -LUNCH-MEAL (DIETARY CHOICE) w/ ITALIAN MUSIC 1:30 ITALY ACTIVITY TRAVEL TOUR & INTRODUCING WORLDLY FOODS 6:15 EVENING MUSIC w/ RAY & DORIS</p>	<p>24</p> <p>10:15 CATHOLIC SERVICE 1:30 BINGO - THANKSGIVNG 2:30 ICE CREAM TREATS</p>	<p>25</p> <p> 10:00 PARADE (CABLE TV) 12:00 THANKSGIVING DAY MEAL & MEMORIES PM FAMILIES CONNECTING THANKSGIVING</p>	<p>26</p> <p>10:00 MANICURES 10:00 COFFEE & CONVERSATION 12:00 MUSIC w/ RAY & DORIS 1:30 HAPPY HOUR w/ DIETARY</p>	<p>27</p> <p>AM: CONNECTING WITH FAMILIES</p>
<p>28</p> <p>AM: LUTHERAN SERVICE (CABLE - 26) AM: CATHOLIC SERVICE (CABLE - 32) 6:15 WEEKEND EVENING MUSIC w/ RAY & DORIS</p>	<p>29</p> <p>11:00 CARD GAME 1:30 TREAT w/ DIETARY 2:30 DOMINOES OR DICE GAMES - CHOICE</p>	<p>30</p> <p>10:00 EXERCISE & REMINISCE 12:00 WORLDLY FOODS- USA -LUNCH-MEAL (DIETARY CHOICE) w/ AMERICAN MUSIC 1:30 USA ACTIVITY TRAVEL TOUR & INTRODUCING WORLDLY FOODS 6:15 EVENING MUSIC w/ RAY & DORIS</p>				

* CATHOLIC SERVICE ON CABLE-32, DAILY, AM.
 * LUTHERAN SERVICE ON CABLE-26, DAILY, AM.
 * PRESBYTERIAN SERVICE ON CABLE, AM.

VIDEO CHATS & PHONE CALLS ARE AVAILABLE ALL DAY

* All Activities / Events / Times are subject to change without prior notice. Activities will be individualized and/or self-directed, as able.