



# November 2021



Activity Calendar  
 Sunrise Villa Assisted Living  
 308 N. 12th Street  
 Bellevue, IA 52031-1944  
 Tel: 563-872-5521

| Sun   | Mon  | Tue  | Wed   | Thu  | Fri  | Sat   |
|---|--|--|---|--|--|---|
|   | 1<br>12:00 TENANT COUNCIL<br>1:00 EUCHRE CLUB w/ JR<br>2:30 TREAT w/ DIETARY<br>5:30 EVENING MUSIC<br>w/ RAY & DORIS | 2<br>11:30 WORDLY FOODS-<br>FRANCE -LUNCH-MEAL<br>(DIETARY CHOICE)<br>w/ FRENCH MUSIC<br>1:30 BINGO -<br>w/ MARYETTA LAMPE<br>& JUDY MORAN<br>2:30 NuSTEP BIKE<br>3:00 GAMES - CHOICE<br>- DICE<br><br>ELECTION DAY                      | 3<br>10:15 CATHOLIC SERVICE<br>1:30 CARD GAMES- CHOICE<br>5:30 EVENING MUSIC<br>w/ RAY & DORIS      | 4<br>2:00 NuSTEP BIKE<br>2:00 GAMES - CHOICE<br>- DOMINOES<br>2:30 ALZHEIMER'S<br>AWARENESS MONTH<br>- PURPLE RIBBONS  | 5<br>AM: MANICURES<br>11:00 MUSIC w/ RAY & DORIS<br>2:30 HAPPY HOUR<br>w/ DIETARY                        | 6<br>AM: CONNECTING WITH<br>FAMILIES<br>PM: GAMES - CHOICE  |
| 7<br>DAYLIGHT SAVING<br>TIME ENDS<br>10:00 COFFEE &<br>CONVERSATION<br>AM: LUTHERAN SERVICE<br>(CABLE - 38)<br>AM: CATHOLIC SERVICE<br>(CABLE - 37)<br>5:30 WEEKEND MUSIC<br>w/ RAY & DORIS | 8<br>1:00 EUCHRE CLUB w/ JR<br>2:30 TREAT w/ DIETARY<br>3:00 FAMILY CAREGIVERS<br>MONTH w/ TOKENS<br>OF APPRECIATION | 9<br>11:30 WORLDLY FOODS-<br>MEXICO -LUNCH-MEAL<br>(DIETARY CHOICE)<br>w/ MEXICAN MUSIC<br>1:30 BINGO -<br>w/ MARLENE CLOOS<br>& PAT ROLING<br>2:30 NuSTEP BIKE<br>3:00 GAMES - CHOICE<br>- DICE<br>5:30 EVENING MUSIC<br>w/ RAY & DORIS | 10<br>10:15 CATHOLIC SERVICE<br>11:30 BIRTHDAY MENU<br>1:30 CARD GAMES- CHOICE<br>3:00 GOODIE TREAT | 11<br>11:30 VETERAN'S DAY MEAL<br>1:00 HONORING OUR<br>VETERAN HEROES<br>w/ VETERAN'S DAY<br>HEART CARD<br>2:00 NuSTEP BIKE<br>2:00 GAMES - CHOICE<br>- DOMINOES<br><br>VETERANS DAY | 12<br>AM: MANICURES<br>11:00 MUSIC w/ RAY & DORIS<br>1:00 CRAFTS w/ BEA<br>2:30 HAPPY HOUR<br>w/ DIETARY | 13<br>AM: CONNECTING WITH<br>FAMILIES<br>PM: GAMES - CHOICE |
| 14<br>10:00 COFFEE &<br>CONVERSATION<br>AM: LUTHERAN SERVICE<br>(CABLE - 38)<br>AM: CATHOLIC SERVICE<br>(CABLE - 37)<br>5:30 WEEKEND MUSIC<br>w/ RAY & DORIS                                | 15<br>1:00 EUCHRE CLUB w/ JR<br>2:30 TREAT w/ DIETARY<br>3:00 HOSPICE MONTH<br>w/ TOKENS OF<br>APPRECIATION          | 16<br>11:30 WORLDLY FOODS-<br>GERMANY-LUNCH-MEAL<br>(DIETARY CHOICE)<br>w/ GERMAN MUSIC<br>1:30 BINGO -<br>w/ MOLLY PLOESSL<br>& MARY KUBIK<br>2:30 NuSTEP BIKE<br>3:00 GAMES - CHOICE<br>- DICE<br>5:30 EVENING MUSIC<br>w/ RAY & DORIS | 17<br>10:15 CATHOLIC SERVICE<br>1:30 CARD GAMES- CHOICE<br>3:00 GOODIE TREAT                        | 18<br>2:00 NuSTEP BIKE<br>2:00 GAMES - CHOICE<br>- DOMINOES  | 19<br>AM: MANICURES<br>11:00 MUSIC w/ RAY & DORIS<br>2:30 HAPPY HOUR<br>w/ DIETARY                       | 20<br>AM: CONNECTING WITH<br>FAMILIES<br>PM: GAMES - CHOICE |
| 21<br>10:00 COFFEE &<br>CONVERSATION<br>AM: LUTHERAN SERVICE<br>(CABLE - 38)<br>AM: CATHOLIC SERVICE<br>(CABLE - 37)<br>5:30 WEEKEND MUSIC<br>w/ RAY & DORIS                                | 22<br>1:00 EUCHRE CLUB w/ JR<br>2:30 TREAT w/ DIETARY<br>3:00 CELEBRATING<br>THANKSGIVING DAY<br>HISTORY - REMINISCE | 23<br>11:30 WORLDLY FOODS-<br>ITALY-LUNCH-MEAL<br>(DIETARY CHOICE)<br>w/ ITALIAN MUSIC<br>1:30 BINGO -<br>w/ JUDI DANIELS<br>& JUDY MORAN<br>2:30 NuSTEP BIKE<br>3:00 GAMES - CHOICE<br>- DICE<br>5:30 EVENING MUSIC<br>w/ RAY & DORIS   | 24<br>10:15 CATHOLIC SERVICE<br>1:30 CARD GAMES- CHOICE<br>3:00 GOODIE TREAT                        | 25<br>10:00 PARADE-(CABLE TV)<br>11:30 THANKSGIVING DAY<br>MEAL& MEMORIES<br>PM: CONNECTING WITH<br>FAMILIES<br><br>THANKSGIVING   | 26<br>AM: COFFEE & ROLLS<br>AM: MANICURES<br>11:00 MUSIC w/ RAY & DORIS<br>2:30 HAPPY HOUR<br>w/ DIETARY | 27<br>AM: CONNECTING WITH<br>FAMILIES<br>PM: GAMES - CHOICE |
| 28<br>10:00 COFFEE &<br>CONVERSATION<br>AM: LUTHERAN SERVICE<br>(CABLE - 38)<br>AM: CATHOLIC SERVICE<br>(CABLE - 37)<br>5:30 WEEKED MUSIC<br>w/ RAY & DORIS                                 | 29<br>1:00 EUCHRE CLUB w/ JR<br>2:30 TREAT w/ DIETARY<br>3:00 CELEBRATING<br>THANKSGIVING<br>MEMORIES                | 30<br>11:30 WORLDLY FOODS<br>USA -LUNCH-MEAL<br>(DIETARY CHOICE)<br>w/ AMERICAN MUSIC<br>1:30 BINGO<br>2:30 NuSTEP BIKE<br>3:00 GAMES - CHOICE<br>- DICE<br>5:30 EVENING MUSIC<br>w/ RAY & DORIS   |   |  |  |   |

\* CATHOLIC SERVICE ON CABLE-37, DAILY, AM.  
 \* LUTHERAN SERVICE ON CABLE-38, DAILY, AM.  
 \* PRESBYTERIAN SERVICE ON CABLE, AM.

VIDEO CHATS & PHONE CALLS ARE AVAILABLE ALL DAY